



52E 216 OLD TAPPAN RD., OLD TAPPAN,  
NJ 07675

# OLD TAPPAN MARTIAL ARTS

TEL : (201) 358-1100

WEBSITE : WWW.OTMARTIALARTS.COM

FACEBOOK : O T MARTIAL ARTS

## CLASS SCHEDULE

EFFECTIVE AS OF : October 1<sup>st</sup>, 2022

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:00 PM to 4:00 PM	PRIVATE LESSON (APPOINTMENTS ONLY)	PRIVATE LESSON (APPOINTMENTS ONLY)	PRIVATE LESSON (APPOINTMENTS ONLY)	PRIVATE LESSON (APPOINTMENTS ONLY)	PRIVATE LESSON (APPOINTMENTS ONLY)	KINDER KICK CLASS <b>9:00 – 9:40 AM</b>
4:10 PM to 4:50 PM	KIDS CLASS	KINDER KICK CLASS	KINDER KICK CLASS	KINDER KICK CLASS	KIDS CLASS & CHILDREN CLASS	KINDER KICK CLASS <b>9:50 – 10:30 AM</b>
5:00 PM to 5:40 PM	KINDER KICK CLASS	KIDS CLASS	KIDS CLASS	KIDS CLASS	KIDS CLASS & CHILDREN CLASS	KIDS CLASS <b>10:40 – 11:20 AM</b>
5:50 PM to 6:30 PM	CHILDREN CLASS	CHILDREN CLASS	CHILDREN CLASS	CHILDREN CLASS	KIDS CLASS & CHILDREN CLASS	CHILDREN CLASS <b>11:30 – 12:10 PM</b>
6:40 PM to 7:40 PM	TEEN & ADULT CLASS	ADULT CLASS	TEEN & ADULT CLASS (SPARRING)	SPARRING TEAM <b>6:30 – 7:20 PM</b>	INTENSIVE BODAN BELT	MOVIE & GAME DAY OR BIRTHDAY PARTY (AVAILABLE WITH APPOINTMENTS ONLY)

**Quitters Never Win, Winners Never Quit! I am Not a Quitter, I am a Winner!!!**

1. CLASS SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE.  
(PLEASE CHECK THE MONTHLY CALENDAR FOR SPECIAL CLASSES AND EVENTS.)
2. ALL SPARRING CLASS PARTICIPANTS MUST HAVE THEIR OWN SAFETY EQUIPMENT.
3. PRIVATE CLASSES WITH THE MASTER AHN IS AVAILABLE WITH APPOINTMENTS ONLY

**\* KINDER KICK CLASS (3 & 5) \* KIDS CLASS (5 & 7) \* CHILDREN CLASS (7 & 10) \* TEENAGER CLASS (10 +) \* ADULT & FAMILY CLASS**